Assisting HIV-Infected Patients Who Return to Mexico (and Central America)

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Associate Director, UCLA Center for Health Promotion and Disease Prevention

Tuesday, October 4, 2011
Assisting HIV-Infected Patients Who Return to Mexico

...from Guanajuato to San Antonio

Tom Donohoe

Tuesday, October 4, 2011
UCLA HIV/AIDS Training Programs Delivered in Mexico: 1995-2005
Acknowledgments

**UMBAST:**

The United States/Mexico AETC (AIDS Education and Training Centers)

Steering Team

**HRSA/HAB:**

Health Resources and Services Administration

HIV/AIDS Bureau
At the conclusion of this session, participants will be able to:

- Discuss barriers to continuity of care for HIV-infected patients returning to Mexico
- Briefly review health care delivery systems in Mexico, including those for HIV services
- Facilitate continuity of care for HIV-infected patients returning to Mexico
Case

Juan is a 26 year-old HIV-infected patient being deported to Mexico. He does not remember all his medications, except “Sustiva, 2 colored pills…and Bactrim.” He asks if he can get HIV care in Mexico. He asks how much it will cost in Mexico, since he has not been there since he was a child. He was born in Zacatecas and tells you he thinks he may ultimately return there to live with his grandparents or relatives. He says he is afraid others will learn he is HIV-infected but wants to stay in care.
Questions

- Will US ICE clinicians be able to help Juan?
- Would you/your HIV clinic be able to help Juan?
- Can you connect Juan to HIV care in Mexico? How long would he have to wait to get medications?
- Do you think most US providers would be able to refer him? Why/Why not?
- What other information would you need to assist Juan? Why?
GOAL:

HIV-INFECTED MEXICANS RETURNING TO MEXICAN BORDER STATES SHOULD LEAVE U.S. WITH ADEQUATE HIV MEDICATIONS AND BE ABLE TO ACCESS EMERGENCY/TRANSITIONAL HIV CARE AT BORDER CAPASITS
GOAL BENEFITS

- No binational communication barriers
- Empowers HIV-infected migrants
- Improves individual outcomes
- Improves Binational public health
- Obstacles/Barriers?
Assisting HIV-Infected Patients Who Return to Mexico: 
What US ICE Clinicians Need to Know

Wednesday, April 13, 2011
Acknowledgments

- Congresswoman Lucille Roybal-Allard
- Luz Peredo-Berger, MD (US ICE)
- Diana Schneider, DrPh (US ICE)
- Shariffa Vaughn, MPH, MSW (US ICE)
- Jon Krohmer, MD (US ICE)
- Frank Cantu (HRSA)
Who Is UMBAST?

- U.S.-
- Mexico
- Border
- AETC
- Steering
- Team

- Promote high-quality, culturally sensitive education & capacity building programs
- Provide focused collaboration through joint planning, resource sharing, & evaluation
Who Is UMBAST?

- **UMBAST** includes members from 3 AETCs that serve border region:
  - Mountain Plains AETC (New Mexico)
  - Pacific AETC (Arizona & California)
  - Texas/Oklahoma AETC (Texas)

- In collaboration with AETC National Resource & Evaluation Centers, HRSA representatives, & others with an interest in HIV and the border
Regional AETCs

- Northwest AETC
- Mountain-Plains AETC
- Midwest AIDS Training and Education Center (MATEC)
  - New England AETC
  - New York/New Jersey AETC
  - Pennsylvania/MidAtlantic AETC
  - Southeast AIDS Training and Education Center (SEATEC)
  - Florida/Caribbean AETC
- Delta Region AETC
- Pacific AETC
- Texas
- Oklahoma AETC

The map illustrates the regional AETCs across the United States.
CAPASITS

- Centro
- Ambulatorio de Prevención y Atención en SIDA y Infecciones de Transmisión Sexual

Outpatient Center for Prevention and Attention in AIDS and Sexually Transmitted Infections
From: National Center for Prevention and Control of HIV/AIDS, Operative Investigation Administration, Mexico Secretariat of Health,
(Centro Nacional para la Prevención y el Control del VIH/SIDA Dirección de Investigación Operativa, Secretaría de Salud).
http://www.salud.gob.mx
CAPASITS Border Locations

- Tijuana  (San Diego, CA)
- Mexicali  (El Centro, CA)
- Nogales?  (Nogales, AZ)
- Hermosillo (Nogales, AZ)
- Cd. Juarez (El Paso, TX)
- Piedras Negros (Eagle Pass, TX)
- Nvo Laredo  (Laredo, TX)
- Reynosa  (McAllen, TX)
- Matamoros (Brownsville, TX)
Information for Providers Assisting HIV Patients Returning to Mexico and Central America

Source: U.S./Mexico Border AETC Steering Team (UMBAST); Pacific AETC; Mountain Plains AETC; Texas/Oklahoma AETC and AETC National Resource Center

Date: 04/2009

Description:
These fact sheets were developed to assist providers who have patients leaving the United States for Mexico and Central American countries. The goal of the information is to improve continuity of care for migrant patients with HIV. Fact sheets are now available in both English and Spanish (each file has both languages). Please give us feedback!

Información para Proveedores que Asisten a Pacientes que Regresan a México y los Países de Centro América:
Las hojas informativas se desarrollaron para asistir a los proveedores que tienen pacientes que salen de Estados Unidos y regresan a México y sus países en Centro América. La meta de la información es de mejorar la continuidad del cuidado de salud para los inmigrantes que tienen el VIH. Las hojas informativas ya están disponibles en inglés y español (cada archivo tiene ambos idiomas). ¡Por favor dénos sus sugerencias!

- Costa Rica [PDF 92 KB]
- El Salvador [PDF 96 KB]
Recommendations for Providers Assisting HIV Patients Returning to Mexico

What’s Available in Mexico
Nearly all HIV medications available in the United States are now available to Mexican citizens in Mexico through a range of public and private programs. Access to HIV medications in Mexico has expanded greatly in recent years.

HIV Treatment in Mexico
Each state has an HIV/AIDS director responsible for coordinating treatment and prevention programs. You or your patient can contact this person to determine the availability of HIV diagnostic tests and HIV medications in the state to which your patient is returning. Patients are treated either in general hospitals or in CAPSITS (HIV specialty clinics – “Centro Ambulatorio de Prevención y Atención en SIDA e ITS”). The CAPSITS network was introduced in Mexico in 2005 and is still expanding. As of 2008, it comprised nearly 60 centers around the country. See below for
If available, 3 month supply of their current HIV medications

☐ A recent CD4+ T cell count (not free in all Mexican states)

☐ A recent viral load test result (not free in all Mexican states)

☐ A copy of the patient’s chart including complete antiretroviral treatment history

Connecting to Care in Mexico

- A national toll-free hotline is operated by the Mexican federal agency in charge of HIV treatment and prevention, CENSIDA. Encourage your patient to call when they are in Mexico to find the closest care provider.
  - Phone: 01 800 712 0886 or 01 800 712 0889.
  - Online: http://www.salud.gob.mx/conasida/ (Spanish).

- The list of CAPASITS (outpatient multiservice care centers) is available online at: http://www.censida.salud.gob.mx/interior/capasits.html (Spanish) or on the UMBAST website (http://aidsetc.org/aidsetc?page=rep-umbast-mx)

UMBAST is sponsored by HRSA and is a collaboration of the AIDS Education and Training Centers from the U.S.-Mexico border states, Texas, New Mexico, Arizona, and California. For more information about UMBAST, visit www.aetcborderhealth. 4/11
HIV/AIDS Resources in Mexico

Note: Organizations or offices serving the United States - Mexico border region appear at the top of the list. "CAPASITS" are HIV and STD prevention and treatment outpatient specialty clinics. "Centro Ambulatorio de Prevención y Atención en SIDA e ITS" (Learn more).

<table>
<thead>
<tr>
<th>Organization / Agency</th>
<th>State / Estato</th>
<th>Training</th>
<th>Treatment</th>
<th>Prevention</th>
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CENTROS AMBULATORIOS DE PREVENCIÓN Y ATENCIÓN EN SIDA E ITS (CAPASITS)

Los CAPASITS se constituyen como la unidad operativa de las políticas públicas, programas de prevención, atención médica, promoción social, ejecución de recursos y de vigilancia epidemiológica del VIH/SIDA e ITS en el país, que ofrece promoción de salud sexual, mejora el acceso a los servicios ofreciendo atención integral a las personas que viven con el VIH/SIDA e ITS, que incluyen aspectos psicológicos, sociales, culturales y étnicos.

- Manual de Organización de los CAPASITS
- Manual de Procedimientos de los CAPASITS
- Directorio de CAPASITS

Última modificación: Miércoles 9 de Junio de 2010 por CENSIDA
### Centros Ambulatorios de Prevención y Atención en SIDA e ITS

**CAPASITS**

**HIV & STD Ambulatory Care and Prevention Clinics**

**Directory of CAPASITS**

- **Dirección de CAPASITS - Directory CAPASITS**
- **CAPASITS 2009 - CAPASITS planned for 2009**
- **Manual de Organización de los CAPASITS**
- **Manual de Procedimientos de los CAPASITS**

### Centros Ambulatorios de Prevención y Atención en SIDA e ITS

**CAPASITS en la República Mexicana**

**Location of CAPASITS across Mexico**

<table>
<thead>
<tr>
<th>ESTADO/STATE</th>
<th>CIUDAD/CITY</th>
<th>RESPONSABLE/HEAD OF THE CLINIC</th>
<th>e-Mail</th>
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<th>DOMICILIO/ADDRESS</th>
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<tr>
<td>AGUASCALIENTES</td>
<td>AGUASCALIENTES</td>
<td>DR. JOYAN ALEXANDER RODRIGUEZ</td>
<td><a href="mailto:jovankller@hotmail.com">jovankller@hotmail.com</a></td>
<td>LUNES A VIERNES DE 8:00 A 15:30 HRS.</td>
<td>CALLE ARTILLERO DE MIER S/N COMPLEJO MEDICO SER MILENIO FRACCIONAMIENTO SATELITE MORELOS</td>
<td>(499) 9 77 20 60</td>
</tr>
<tr>
<td>MEXICALI</td>
<td>DRA. MARTHA AURELIA MENDOZA MERINDO</td>
<td><a href="mailto:mcmmay@hotmail.com">mcmmay@hotmail.com</a></td>
<td></td>
<td>LUNES A VIERNES DE 7:00 A 15:00</td>
<td>AV. AYUNTAMIENTO Y RIO SANTIAGO, COL. LAZARO CEDIDAS C.D.</td>
<td>(686) 5 63 37 12</td>
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Search “Mexico border AIDS”

The US-Mexico Border AETC Steering Team (UMBAST) has compiled this Border Resource Directory to better connect HIV/AIDS resources with community needs along ...
www.aids-ed.org/aidsetc?page=rep-umbast-dir - 14k - Cached - Similar pages

US/Mexico Border AETC Steering Team (UMBAST)
Contact and program information for the AETCs' US/Mexico Border AETC Steering Team (UMBAST)
www.aids-ed.org/aidsetc?page=ab-01-10 - 19k - Cached - Similar pages
[ More results from www.aids-ed.org ]

AEGiS-15IAC: The US/Mexico border AIDS Education and Training ...
ISSUES: The US/Mexico border is the most traversed border between any two nations on the planet. This session will review a Health Resources and Services ...
www.aegis.com/conferences/iac/2004/D12932.html - 7k - Cached - Similar pages

The US/Mexico border AIDS Education and Training Center (AETC ... 
Lessons Learned: Data indicate there are unique HIV/ AIDS-related training needs that should be addressed in US counties sharing the border with Mexico. ...
gateway.nlm.nih.gov/robot_pages/MeetingAbstracts/102278431.html - 25k - Cached - Similar pages